



# DECEMBER 2013



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 North County Breastfeeding Support Group 9:30 am - 11:30 am	6 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	7
8	9	10	11 North County Getting Started with Breastfeeding 5-6 pm	12 North County Breastfeeding Support Group 9:30 am - 11:30 am	13 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	14
15	16 Annapolis Getting Started with Breastfeeding 3:00 pm - 4:00 pm	17	18 North County Getting Started with Breastfeeding 10:30-11:30 am	19	20 Annapolis Breastfeeding Support Group 9:30 am - 11:30 am	21
22	23	24	25	26	27 North County Breastfeeding Support Group 9:30 am - 11:30 am	28
29	30	Anne Arundel <b>Services:</b> <ul style="list-style-type: none"> <li>• BF Classes</li> <li>• BF Support Groups</li> <li>• 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>		<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}		



# JANUARY 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>☎ BF Classes</li> <li>☎ BF Support Groups</li> <li>☎ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>		<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}	1	<b>2 North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	<b>3 Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am	4
5	6	7	8	<b>9 North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	<b>10 Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am	11
12	13	14	15	<b>16 North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	<b>17 Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am Breastfeeding Class 10:30 am -11:30 am.	18
19	20	<b>21 North County</b> Getting Started with Breastfeeding 10:30 am – 11:30 am	<b>22 North County</b> Getting Started with Breastfeeding 5-6 pm	<b>23 North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	<b>24 Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am	25
26	27	28	<b>29 North County</b> Getting Started with Breastfeeding 5-6 pm	<b>30 North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	<b>31 Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am	



# FEBRUARY 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Anne Arundel Services:</b> <ul style="list-style-type: none"> <li>☎ BF Classes</li> <li>☎ BF Support Groups</li> <li>☎ 1-on-1 consults with Breastfeeding Peer Counselor or the Lactation Consultant</li> </ul> <b>For more information:</b> <a href="http://www.aahealth.org/pdf/breast-feeding-resources.pdf">http://www.aahealth.org/pdf/breast-feeding-resources.pdf</a>		<b>To Contact a Breastfeeding Peer Counselor near you or the Breastfeeding Coordinator:</b> (410) 222-6797  <b>For Breastfeeding support:</b> (410) 222-0085 {English} (410) 222-0139 {Spanish}				1
2	3	4	5 <b>Annapolis</b> Getting Started with Breastfeeding 5-6 pm	6 <b>North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	7 <b>Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am	8
9	10	11	12 <b>North County</b> Getting Started with Breastfeeding 5-6 pm	13 <b>North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	14 <b>Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am	15
16	17	18 <b>North County</b> Getting Started with Breastfeeding 10:30 - 11:30 am	19	20 <b>North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	21 <b>Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am Getting Started with Breastfeeding 10:30 am - 11:30 am	22
23	24	25	26 <b>North County</b> Getting Started with Breastfeeding 5-6 pm	27 <b>North County</b> Breastfeeding Support Group 9:30 am - 11:30 am	28 <b>Annapolis</b> Breastfeeding Support Group 9:30 am - 11:30 am	